

## WHAT TO EXPECT

Our qualified and experienced male and female massage therapists pamper you in the comfort of your own room. We arrive complete with a massage table and all equipment necessary to perform your treatment. On arrival, our therapists will take the time to consult with you to ensure your experience is tailored to suit your needs.

Please refrain from smoking whilst our therapist is in the room as we promote a smoke free work environment for the wellbeing of our therapists.

### RELAX... YOU'RE IN SAFE HANDS

Established in 1993, Rejuvenators Health Massage® is proud to be the preferred supplier of professional mobile massage services to Australia's premier 4 and 5 star hotels and resorts. All of Rejuvenators' therapists are fully qualified to national accreditation standards and complete an intensive in-house training program before joining our team.

### SEXUAL HARRASSMENT

Rejuvenators Health Massage does not provide sexual massage.

IT IS A STRICTLY THERAPEUTIC SERVICE.

## HOW TO BOOK

To ensure that you obtain the very best of service, please call our friendly booking team who can recommend a package and therapist to best suit your needs.

To assist our booking team and confirm your booking, **please have your credit card details handy when calling.**

A minimum of one hour's notice is required when booking to allow for travel time.\* (Subject to availability)

- > **A 100% cancellation fee will be charged** to your account/credit card in the event of a **cancellation less than one hour prior to the appointment.**
- > Visa, Mastercard and Amex\*\* accepted.
- > 10% surcharge applies on public holidays.

# BOOKINGS

# 1300 302 542

8am till midnight AEST, 7 days a week



Sydney | Melbourne | Brisbane | Perth | Adelaide

\*Please note during peak periods, Monday to Friday from 4pm to 9pm, and Saturdays, we strongly recommend advance bookings to avoid disappointment.

\*\*Surcharge applies to Amex transactions.



# IN ROOM MASSAGE

## & beauty

8am till midnight AEST, 7 days a week

# 1300 302 542

STRICTLY NON SEXUAL SERVICE ONLY

# BODY, BEAUTY & MASSAGE PACKAGES

## TRADITIONAL MASSAGE

### STRESSBUSTER

60 / 90 / 120 mins

This is our signature massage which combines Sports, Deep Tissue, Swedish, Shiatsu and Reflexology styles of massage into a uniquely blended massage that will promote a feeling of well-being. This full body massage combats fatigue, tension, aches and pains, as well as the effects of jet-lag. It's a fabulous massage that rebalances the mind and body.

### DEEP TISSUE / SPORTS MASSAGE

60 / 90 / 120 mins

This strong, deep massage is designed to ease sore muscles and joints whilst alleviating both physical and mental fatigue. This deep massage improves circulation, speeds up cellular regeneration and relieves muscle tension, shoulder, neck and back pain. Our therapists tailor this massage to concentrate on relevant muscles that are causing you discomfort.

#### Please note:

- To maximise your treatment time, please be showered and ready to begin when our therapist arrives.
- All of our published treatment times **include** a brief consultation to identify your specific needs to ensure the best possible result.

### ABSOLUTE AROMA

60 / 90 / 120 mins

This massage combines our unique Stressbuster massage with a choice of fragrant essential oils to relax and revitalise the body, mind and spirit. Rejuvenators own aromatherapy blends include; Relax, Revive, Romance, they have each been clinically designed to ensure you will feel totally rejuvenated!

### BODY & SCALP SENSATION

75 mins

Our therapists have been trained in the secrets of true scalp massage. Feel the sensational effects of our combined full body massage with the delights of a deeply relaxing scalp massage. Our conditioning treatment adds shine and luster to your hair whilst revitalising the scalp. Maximum relaxation and amazing benefits in a limited time.

### FABULOUS FEET

75 mins

We begin with a 60 minute full body massage before turning our attention to your aching feet. Imagine a 15 minute treatment designed to revitalise the most tired feet. The finale – Rejuvenators luxurious peppermint cream – it will leave your feet feeling soft and refreshed. It's a great treatment for alleviating fatigue.

### PERFECT PARTNERSHIP

90 / 120 mins

Consecutive\* 45 minute or 60 minute massages, that leave you both feeling fully relaxed. Perfect for celebrating your unique relationship and enjoying some well deserved time out.

*\*One therapist in attendance.*

## INDULGENCE

### ESCAPADE

90 mins

Renew and recharge with a full body aromatherapy massage that incorporates our divine hair and scalp treatment and luxurious foot pamper.

A head to toe rebalance that allows you to escape the stress of today's busy world.

### REVIVAL

90 mins

Revive and renew your skin with a fantastic full body tea-tree exfoliation and then drift away with a relaxing Rejuvenators full-body Stressbuster massage.

### ULTIMATE INDULGENCE

120 mins

The name says it all. We have combined the best of our massage range into an indulgent and blissful 2 hours of pure pampering. Just imagine yourself floating away with a 90 minute full body massage, a deep conditioning hair and scalp treatment as well as a peppermint foot pamper. True indulgence.

### REJUVENATION DELUXE FACIAL

60 mins

This gentle yet highly effective facial uses natural essential oils to cleanse, moisturise and gently exfoliate your skin revealing a soft, more youthful and radiant appearance. Massage of the scalp, neck, shoulders, hands, arms, legs and feet are included throughout the treatment to enhance your experience whilst your peppermint, tea tree exfoliant and refining mask are penetrating. Pure Heaven.

### EXPRESS FACE AND BODY

75mins

Feel you need an all over lift? Begin with a full body massage to relax and rejuvenate then float away as you enjoy our express facial inclusive of cleansing, a gentle exfoliation and moisturising. The perfect 'pick me up' for busy people that don't have much time.

### MEN'S EXECUTIVE

90 mins

Especially designed for today's busy executive who needs an energy boost. Begin with our famous Stressbuster full body massage then renew with our uniquely masculine face revival and pamper. Relax and recharge, you deserve it.

### CHILL OUT

105 mins

Calm down with a full body massage and then totally chill out with our divine deluxe facial that includes a cleansing clay mask, tea tree exfoliation, rose otto moisturiser and specifically tailored facial, scalp and neck massage. Soothe the mind and connect with your body.

### TRANQUILITY

120 mins

Perfect for him or her, this package includes a full-body tea-tree exfoliation and rejuvenating massage and concludes with a relaxing facial.

### DIVINE DECADENCE

150 mins

When total indulgence is required, pamper yourself or someone special from top to toe. A full body massage, a full body exfoliation, deluxe facial and a specially designed hand, scalp and foot treatment makes this our most sought after package. Enjoy the feeling of absolute bliss.